Systematic approach to sonographic evaluation of the pelvis in women with suspected endometriosis, including terms, definitions and measurements

A consensus opinion from the International Deep Endometriosis Analysis (IDEA) group

A. ANTERIOR COMPARTMENT

B. POSTERIOR COMPARTMENT

DYNAMIC ULTRASONOGRAPHY

First step: Routine evaluation of uterus and adnexa (e.g., sonographic signs of adenomyosis, presence or absence of endometrioma)
Second step: Evaluation of transvaginal sonographic “soft markers” (i.e., site-specific tenderness and ovarian mobility)
Third step: Assessment of status of POD using real-time ultrasound-based “sliding sign”
Fourth step: Assessment for DIE nodules in anterior and posterior compartments