

PERSONALIZED, DOCTOR SUPERVISED WEIGHT LOSS

Get a personalized assessment and start losing weight. Change your life today.

MEMBERSHIP INCLUDES:

- Monthly GLP-1 (Wegovy, Ozempic, or Mounjaro) Prescription & Management
- Initial Metabolic Lab Testing & Analysis
- Quarterly Metabolism, Thyroid, and Hormone Testing
- Customized Weight-Loss Plan / Nutritional Consultation
- Telemedicine Support and Messaging with Expert Medical Team (office visits optional)
- Discount access to:
 - Inbody Body Composition Analysis
 - Bio-Energy & Hyperthermia Therapy
 - NAD+ Therapy

\$250/MONTH

The Medical Weight Loss Program at The Center for Integrative Healing & Wellness is designed to help you be the healthiest you've ever been, in the best body that you have ever had. Regardless of the amount of weight that you want to lose, our Integrative Nutrition Team will monitor and guide you throughout the process of reaching your goal!

Our medical weight loss program is different from the rest in that the focus is not on fad diets, calorie counting, and endless exercise. Our program integrates FDA approved medications, with a natural and holistic approach that address the biological and physical issues that have led you to this point. Our program ensures you lose weight and keep it off for life, with our clients typically losing 15 - 20% or more of their body weight in 6 to 12 months - an average of over 53 lbs.

As part of the program, you will also have an option to receive our multi-vitamins and metabolism boosting injections that assist in reducing stored fat and building lean muscle.

So if you are ready for a life-changing experience and getting on the road to reaching your weight loss goals, give us a call today!



**NO RESTRICTIVE DIET OR
INTENSE EXERCISE**



**SCIENCE BACKED FDA
APPROVED
MEDICATIONS**



**OUR MEMBERS LOSE
OVER 53LBS ON
AVERAGE**

GLP-1 is a breakthrough treatment for people who struggle with serious, chronic weight management challenges. First isolated as an effective diabetes drug, this insulin-boosting medication is now available to patients who need to lose a significant amount of weight in a consistent way and achieve results long-term. This treatment method doesn't rely on stimulants, harmful crash diets, unsustainable exercise plans, or any other mechanism that can jeopardize the patient's overall health.

WHAT IS GLP-1?

Unless you're a healthcare professional or have Type 2 diabetes, it's entirely possible that you've never heard of GLP-1 medications such as semaglutide or tirzepatide before. Despite their relatively new application as a powerful weight loss drug, GLP-1 medications are actually an extremely safe and well-researched substance. They have already been prescribed for several years and used by diabetes patients as an injectable medicine used for the management of diabetes by improving glycemic control.

Recently, these medications have been taking the world of weight loss by storm. The FDA recently approved semaglutide as a prescription weight loss aid. Its approval has already improved the lives of many chronically overweight patients by assisting in safe and consistent weight loss.

There's no need to struggle with perpetual cycles of weight loss and gain. There's also no need to live with the hopeless feeling that comes with an inability to manage serious weight issues with diet and exercise alone. Hundreds of millions of people worldwide turn to modern medicine every day to keep their bodies in the best possible condition.

Your dedication to healthy lifestyle choices will be crucial for sustainable, long-term weight management. However, injectable GLP-1 medication treatment can be an extremely valuable tool. It can help you achieve your goal of having better overall health by getting you on track towards a healthy weight. With weekly GLP-1 injections, you can reach your ideal body weight in a way that can be maintained for the rest of your life. You can do so without turning to starvation-based "diets" or unrealistic 30-day workout programs.

HOW DO GLP-1 MEDICATIONS WORK?

Glucagon-like peptide 1 agonists (GLP-1) work by stimulating your pancreas to increase insulin. This additional insulin causes the stomach to empty over a longer period of time. The idea of the stomach processing food more slowly can seem counterintuitive to patients who have turned to stimulant-based diet pills in the past. However, this slow and consistent digestion is merely an early step in the chain reaction that makes GLP-1s so effective weight loss drug.

When your stomach takes more time to empty itself of food, it sends signals of "fullness" to the brain. This signal is sent throughout a larger portion of your day, even if you're eating less food than usual. The end result of this process is a powerful appetite suppression effect based on the patient's own natural insulin production. This means patients can benefit from medically assisted weight loss without any need for invasive surgeries or harsh stimulants.

A GLP-1 regimen will also lead to healthier blood sugar levels, which can help you feel more energetic throughout your day. Stabilized and controlled blood sugar levels can also help improve other areas of your overall health. Even if you aren't at risk for diabetes, this effect can contribute to a general sense of well-being, which is a crucial component in any weight loss journey.



Center for
Integrative Healing & Wellness
Dr. Fabio

The Center for Integrative Healing & Wellness is a membership adult primary care clinic offering precision healthcare and a wide variety of personalized integrative, holistic and anti-aging therapies.



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